

Neue. 1628.

A new Almanacke and Prognostication, with the Fortaigne Computation, seruing for the yeare of our Lord and Saviour Iesus Christ. 1628.

Being the Bissextile or leape yeare.

Rectified for the Elevation of the Pole Arcticke, and Meridian of the auncient and famous Citie of

Notwich

And may serue generally for most parts of great Britaine.

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The Contents of this double Kalender for the year
of our Lord God 1628. being the Bissextile or leape
year, according to the Account & Computation
of the Church of England.

The Prime or Golden number	14
The Circle of the Sunne	17
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The Dominicall letter	F. C.
The Roman Indiction	11
The space betweene Christmas and Shrove-sunday is, 8. weekes and five dayes.	
Shrove-sunday	February, 14
Easter-day	Aprill, 19
Ascension day	May, 24
Whitsunday	Iune, 1
Aduent-sunday	November, 30
Betweene Trinity and Aduent are Sundayes	24
Betweene Easter and Ascension is 5. weekes & 3. dayes.	
Betweene Whitsunday & Midsummer, is 3. weekes and 4. dayes.	
Betweene Barthol. & All saints, are, 9. weekes & 3. dayes.	

The Forraigne Computation.

The Prime or Golden number	14
The Circle of the Sunne	17
The Epact	34
The Dominicall letters	B. C.
The Roman Indiction	11
Shrovesunday	March, 5
Easterday	Aprill, 19
Ascension day	Iune, 1
Whitsunday	Iune, 11
Aduent Sunday	December, 3
The space betweene Christmas and Shrovesunday is ten weekes and one daye.	

A brife and necessarie Computation of yeares.

From the Creation of the world vntill this yeare of our Lord God. 1628.	5598
From the Creation vntill the Flood,	1656
From the Flood to Christ	2306
From Moses to Christ,	1514
Since the promise made to Abraham	3174
Since the Israelites departed out of Egypt,	3144
Since the destruction of Troy,	2810
Since Brute entred this Island,	2735
Since the building of the Temple of Salomon,	2664
Since the building of the Citie of Rome,	2376
Since Nabuchadonozet the King,	2376
Since Alexander the Great dyed,	1952
Since Iulius Cesar slaine with bodkins,	1677
Since the happie Birth of our Saviour Christ,	1628
Since Ierusalem destroyed by Titus Vespasian,	1555
Since England receiued the Christian Faith,	1448
Since the Danes entred England,	610
Since the Conquest of England by the Normans,	561
Since the Science of printing was inuented,	168
Since King Henry the VI. wonne Bolloigne,	84
Since Kettes Rebellion at Norwich.	79
Since the Infectious swearing sickenes,	71
Since St. Pauls steeple nered by lightning.	69
Since the the great Plague at Newhauen,	65
Since the Earles Rebellion in the North,	59
Since the blasing starre and frosty Winter,	56
Since the herie Apparition in the heauens,	54
Since the deepe snow,	48
Since the generall earth-quake in England,	47
Since the Campe at Tilbury in Essex,	39
Since the last earth-quake in England,	26
Since Gun-powder Treason,	23
Our Kings Maiesties Raigne, whome the King of heauen graunt long and properously to Raigne ouer vs, Amen.	4

The Anatomic of Mans body, as the partes
thereof are governed by the 12.
celestiall Signes.

Aries, Head and face.

Taurus.

Necke and
throat.

Cancer.

Breast, Bos-
mach & ribs.

Virgo.

Botels and
belly.

Scorpio.

Secret mem-
bers.

Capricornus.

The knees.



Gemini.

Armes and
Shoulders.

Leo.

Heart and
backe.

Libra.

Kettes and
loynes.

Sagittarius.

the Thighs.

Aquarius.

The Legs.

Pisces, The feete.

The Characters of the Signes, Planets,
and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo,
♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Capri-
cornus, ♒ Aquarius, ♓ Pisces. ♄ Saturne, ♃ Iupiter,
♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercurie, ☾ Luna. ☿ Con-
iunction, ✳ Sextile, ☐ Quadrate, ☊ Trine, ☋ Opposi-
tion.

January hath xxxj. dayes.

Now if your body in health youle keepe,
 Warme meates for it is very meete:
 Flie Phisicke, Soath, and Veneriy,
 Avoud all baths most carefully.

1 a	New yea. d.	Pis.	15	11	d	
2 b	Octa. of St.	Pisc.	29	12	e	First quar-
3 c	Oct. of Joh.	Aries	12	13	f	ter the 4. day 16.
4 d	Oct. of Inn.	Aries	26	14	g	min. after 5. of
5 e	Edward dr.	Tau.	11	15	a	the clocke in the
6 f	Twelte day	Tau.	25	16	b	morning.
7 g	Fel. & Jan.	Gem.	10	17	c	
8 a	Lucian pri.	Gem.	25	18	d	
9 b	Agapitevir.	Can.	10	19	e	Full moone
10 c	Pau. r. her.	Can.	24	20	f	the 10. day 40.
11 d	Sol in Aqua	Leo	8	21	g	min. after 8. of
12 e	Trcha. mart.	Leo	22	22	a	the clor, at night.
13 f	Med. com. in	Virg.	6	23	b	
14 g	Felix priest	Virg.	19	24	c	
15 a	Maurice ab	Lib.	2	25	d	Con. of Paul.
16 b	Marcellus	Lib.	15	26	e	
17 c	Anthonie	Lib.	28	27	f	Last quar-
18 d	Pulca virg.	Scor.	10	28	g	ter the 18. day
19 e	Molton bi.	Scor.	22	29	a	45. min. after 5.
20 f	1. su. aft. epi.	Sagit.	4	30	b	of the clock in the
21 g	Agnes virg.	Sagit.	16	31	c	morning.
22 a	Vincent m.	Sagi.	28	1	d	10. day, 11. day.
23 b	Cerine vrg.	Capz.	10	2	e	Purif. of Mar.
24 c	Timothie	Capz.	21	3	f	
25 d	Con. of Pau	Aqua.	5	4	g	New moone
26 e	Policarpe b.	Aqua.	17	5	a	the 26. day 16.
27 f	3. su. aft. epi.	Aqua.	29	6	b	min. after 8. of
28 g	Ag. the sec.	Pisc.	12	7	c	the clocke in the
29 a	Valerius b.	Pisc.	25	8	d	morning.
30 b	Barilo Du.	Aries	9	9	e	
31 c	Mat. & Wit.	Aries	23	10	f	

February hath xxix. dayes.

This month as yet no Phisicke vse,
For feare that you your selfe abuse:
Bleede nor, nor bath, be rulde by me,
Except vpon necessitie.

1	b	Bridget fast.	Tau.	7	11	g	
2	e	Purif. of M.	Tau.	21	12	a	
3	f	4. sun. af. ep.	Gem.	6	13) First quart.
4	g	Gilbert bon.	Gem.	20	14	c	the 2. at 2. of the
5	a	Agathe vir.	Can.	5	15	d	cloke in the after
6	b	Dorothea vir.	Can.	19	16	e	noone.
7	c	Angle bish.	Leo	3	17	f	
8	d	Paul bishop	Leo	17	18	g	
9	e	Apollonius	Vir.	1	19	a	● Full moon
10	f	Sol in Pieces	Vir.	14	20	b	the 9. day 53. mi.
11	g	Eufragie b.	Vir.	27	21	c	after 8. of the
12	a	Terme end.	Lib.	10	22	d	clock in the morn
13	b	Molston	Lib.	23	23	e	ning.
14	c	Valentine	Sco.	5	24	f	
15	d	Faustine	Sco.	18	25	g	Mathias Apol.
16	e	Julian vir.	Sag.	0	26	a	☾ Last quarter
17	f	Sexagesima.	Sagi.	12	27	b	the 17. day 11.
18	g	Simeon bi.	Sagi.	24	28	c	min. after 1. of
19	a	Sabine ma.	Cap.	6	29	d	the clocke in the
20	b	Mildrede b.	Cap.	18	1	e	morning.
21	c	69. martyrs	Aqua.	1	2	f	March 1628.
22	d	Cath. of Pe.	Aqu.	13	3	g	
23	e	Policarpe	Aqua.	26	4	a	
24	f	Shrou tan	Pisc.	9	5	b	● New moon
25	g	Mathias A	Pisc.	21	6	c	the 25. day 54.
26	a	Pellor mar.	Pries	5	7	d	min. after 10. of
27	b	Inuen. of P	Pries	19	8	e	the clocke at
28	c	August bi.	Tau.	3	9	f	night.
29	d	Osuald bi.	Tau.	17	10	g	

March hath xxxj. dayes.

Now March begins the Springing time,
The Sunne hath got the equall line:
Use Phisickes Art, and all thy skill,
To helpe diseases that be ill.

1	d	Dauid bish.	Gem	2	11	g) first quar-	
2	e	1. sun. in lent	Gem.	16	12	b		ter the 2. day 48.
3	f	Maurice	Can.	1	13	c		min. after 8. of
4	g	Adrian	Can.	15	14	d	the clo. at night.	
5	a	Ember wee.	Can.	29	15	e	● full moone	
6	b	Victore Ali.	Leo	13	16	f		the 9. day 20. m.
7	c	Perpetus	Leo	27	17	g		after 10. of the
8	d	Felix mart.	Virg.	10	18	a	clocke at night	
9	e	2. sun. in lent	Virg.	23	19	b	C Last quar-	
10	f	Agape virg.	Lib.	6	20	c		ter the 17. day 56
11	g	Polin. rics.	Lib.	18	21	d		min. after 9. of
12	a	Gregorie b.	Sco.	1	22	e	the clo. at night.	
13	b	Theod. ma.	Sco.	13	23	f	Anunc. of Ma.	
14	c	Candide m.	Sco.	25	24	g		the clo. at night.
15	d	Longine m.	Sagit.	7	25	a		Annunc. of Ma.
16	e	3. sun. in lent	Sagit.	19	26	b	● New moone	
17	f	Gertrude	Cap.	2	27	c	25. day 44. min.	
18	g	Edward k.	Cap.	14	28	d	after 10. of the	
19	a	Ios. M. hu.	Cap.	26	29	e	clocke in the fore-	
20	b	Cutbert	Aqu.	9	30	f	noone.	
21	c	Benedict	Aqu.	21	31	g	April, 1618.	
22	d	Astrodole	Disc.	4	1	a		12. 10.
23	e	4. su. in lent	Disc.	17	2	b		
24	f	Agapit. tau.	Aries	1	3	c		
25	g	Ann. of M.	Aries	15	4	d		
26	a	Castor mar	Aries	29	5	e		
27	b	Reg. Car	Tau.	13	6	f		
28	c	Dorothe b.	Tau.	28	7	g		
29	d	Quintine	Gem.	12	8	a		
30	e	5. su. in lent	Gem.	27	9	b		
31	f	Adelme bi.	Can.	11	10	c		

Aprill hath xxx. dayes.

This Aprill with his stormie shewers,
Doth make the earth yeild pleasant flowers:
Purge well therefore for it is good,
To helpe thy body and cleanse thy blood.

1	g	Theodore	Can.	21	11	c) First quar-
2	a	Mary Egi.	Leo	10	12	d	ter the 1. day 4.
3	b	Richard bi.	Leo	24	13	e	min. after 3. of
4	c	Ambrose	Virg.	3	14	f	the clocke in the
5	d	Martian	Virg.	20	15	g	morning.
6	e	Palme sun.	Libz.	3	16	a	● Full moone
7	f	Egislippus	Libz.	15	17	b	the 8. day 49 mi.
8	g	Eufeme vir.	Lib.	27	18	c	after high noone.
9	a	Pal. 7. vir.	Scor.	10	19	d	C Last quar-
10	b	Solin Taurus	Scor.	21	20	e	ter the 16. day
11	c	July confel.	Sag.	3	21	f	51. min. after 3.
12	d	Oswald ar.	Sag.	15	22	g	of the clocke in
13	e	Easter day	Sag.	27	23	a	the after noone.
14	f	Eiburt ma.	Cap.	9	24	b	
15	g	Leonard	Cap.	22	25	c	Marke Euang.
16	a	Fludoze bish.	Aqua.	4	26	d	
17	b	Cosmie	Aqua.	16	27	e	● New moone
18	c	Malerian	Aqua.	29	28	f	the 23. day about
19	d	Alphage bi.	Pisc.	12	29	g	8. of the clocke at
20	e	1. su. af. east.	Pisc.	26	30	a	night.
21	f	Med. com in	Aries	9	1	b	May, 16. 8.
22	g	Sother bish	Aries	23	2	c	
23	a	S. George	Tau.	8	3	d	
24	b	Milfriede b.	Can.	22	4	e) First quar-
25	c	Wike Cu	Gem.	7	5	f	ter the 30. day
26	d	Clere bishop	Gem.	21	6	g	19. min. after 10.
27	e	2. su. af. east.	Can.	7	7	a	of the clocke in
28	f	Peter of me.	Can.	21	8	b	the forenoone.
29	g	Uitalis ma.	Leo	6	9	c	
30	a	Germe beg	Leo	20	10	d	

May hath xxxj. dayes.

Now gallant May in his array,

Doth make the fields plealant and gay;

Walke early now for thy healths sake,

And still thou maist some Phisicke take.

1	b	White Jar.	Vir.	11	e	
2	c	Ichanius	Virg.	17	f	● Full moone
3	d	Ann. of C.	Libra	13	g	the 8. day about
4	e	3. lu. at east.	Libra	12	a	4. of the clocke in
5	f	Goddarde	Libra	25	b	the morning.
6	g	John port. la.	Scor.	7	c	
7	a	John of Br.	Scor.	19	d	
8	b	Ap. S. M.	Sagit	1	e	● Last quarter
9	c	Tra. of Fr.	Sagit.	12	f	the 16. day 57.
10	d	Gordian	Sagit.	24	g	min. after 6. of
11	e	sol in Gemi	Capri.	6	a	the clocke in the
12	f	Pereus	Capri.	18	b	morning.
13	g	Serua conf.	Aquar.	0	c	
14	a	Idoze mar.	Aquar.	12	d	
15	b	Wandon m.	Aquar.	24	e	● New moone
16	c	Diolcor. m.	Pisces	7	f	the 23. day 47.
17	d	Tra. of Ba.	Pisces	20	g	min. after 3. of
18	e	Avigation l.	Aries	4	a	the clocke in the
19	f	Med goe out	Aries	18	b	morning.
20	g	Hellen Qu.	Taur.	2	c	
21	a	Julian bir.	Taur.	16	d	
22	b	Alentio u.	Gemin.	1	e	
23	c	Desiderij m.	Gem.	16	f	June, 1618.
24	d	Tra. of Fr.	Can.	1	g	
25	e	Adelme bish.	Can.	16	a	
26	f	Germe chof	Leo	1	b	● First quar-
27	g	Bede priest	Leo	15	c	ter the 29. day
28	a	German co.	Leo	29	d	44. min. after 7.
29	b	Coron mar.	Virg.	13	e	of the clocke at
30	c	Hubert	Virg.	26	f	night.
31	d	Petrouill b.	Libra	9	g	

June hath xxx. dayes.

This month of June yse clarified whay,
Boil'd with coole hearbs to drinke each day:
From violent exercise abstaine,
Except thou will in grieve remaine.

1	e	Whitfunda.	Lib.	22	11	a	
2	f	Marcelline	Sco.	4	12	b	
3	g	Erasmus	Sco.	16	13	c	● Full moone
4	a	Ermoer wec	Sco.	28	14	d	the 6. day 27. min.
5	b	Boniface bi.	Sagi.	10	15	e	after 7. of the
6	c	Molston	Sagi.	21	16	f	clocke at night.
7	d	Melone	Cap.	3	17	g	
8	e	Crinity iu.	Cap.	15	18	a	
9	f	sted. com in	Cap.	26	19	b	● Last quar-
10	g	Tran. of Ju.	Aqua.	8	20	c	ter the 14. day 59
11	a	Barnabie	Aqua.	20	21	d	min. after 6. of
12	b	Sol in Cancer	Dis.	3	22	e	the clocke at
13	c	Cerme beg.	Dis.	16	23	f	night.
14	d	Basill bissho	Dis.	29	24	g	John Baptista
15	e	Wite & Mo.	Dries	12	25	a	
16	f	Tran. of Mi	Dries	26	26	b	● New moone
17	g	Butolph co.	Tau.	19	27	c	21. day 55. min.
18	a	Marcelline	Tau.	25	28	d	after 10. of the
19	b	Servast	Gem.	10	29	e	clocke in the fore-
20	c	Tran. of Go	Gem.	25	30	f	noone.
21	d	Malburge	Can.	10	1	g	July 1618.
22	e	2. sun at. tri.	Can.	24	2	a	
23	f	Indre	Leo	19	3	b	
24	g	John Bay	Leo	24	4	c	● First quar-
25	a	Tran. of El	Vir.	8	5	d	ter the 28. day
26	b	John & Pau	Vir.	21	6	e	38. min. after 7.
27	c	Crescens	Lib.	5	7	f	of the clocke in
28	d	Leo bissho	Lib.	18	8	g	the morning.
29	e	Peter Apo.	Sco.	11	9	a	
30	f	Con. of Pau	Sco.	15	10	b	

Iuly hath xxxj. dayes.

Now in Iuly Dog dayes begin,

The Riueres are best to bath in :

To take hot drinckes be not too bold,

But vse hearbes which be moist and coldi

1	a	Octa. of Io.	Scor.	25	11	c	
2	a	Cerme ends	Sag.	7	12	d	
3	b	Tran. of T.	Sag.	19	13	e	● Full moone
4	c	Tran. of M.	Capri.	1	14	f	the 6. day 36. mi.
5	d	Tran. of P.	Capri.	13	15	g	after 10. of the
6	e	4. sun. af. tri.	Capri.	24	16	a	clocke in the fore
7	f	Martialis	Aqu.	6	17	b	noone.
8	g	Chillian	Aqu.	18	18	c	
9	a	Cirill bish.	Pisc.	0	19	d	☾ Last quar-
10	b	7. Brethren	Pisc.	12	20	e	ter the 14. day 8.
11	c	Tran. of Ben	Pisc.	25	21	f	min. after 2. of
12	d	Ab. & fel.	Aries	8	22	g	the clocke in the
13	e	Polin Leo.	Aries	21	23	a	morning.
14	f	Reuell	Tau.	5	24	b	James Apostle.
15	g	Tran. of Sh	Tau.	19	25	c	
16	a	Tr. of Olm	Gem.	4	26	d	● New moone
17	b	Kenelme k.	Gem.	19	27	e	the 20. day 20. m.
18	c	Arnolphe b.	Can.	3	28	f	after 6. of the clo.
19	d	Dog da. beg.	Can.	18	29	g	at night.
20	e	6. sun. af. tri.	Leo	3	30	a	
21	f	Praxe virg.	Leo	18	31	b	August, 1618.
22	g	Mary Mag	Virg.	2	1	c	
23	a	Appoline bi.	Virg.	16	2	d	
24	b	Christ. fast.	Virg.	129	3	e	
25	c	James Ap.	Lib.	13	4	f	
26	d	An. m. of m.	Lib.	26	5	g	☾ First quar-
27	e	7. sun. af. tri.	Scor.	9	6	a	ter the 27. day
28	f	Samplon b.	Scor.	21	7	b	13. min. after 10.
29	g	fe. & his fel.	Sag.	3	8	c	of the clocke at
30	a	Idd. & Sen.	Sag.	15	9	d	night.
31	b	German bi.	Sag.	27	10	e	

August hath xxxj. dayes.

This month of August take good heed,
For now will many surfets breed.
Let little sleepe thee now content,
If many greefes thou wilt preuent.

1	c	Lammias d.	Capri.	9	11	f	
2	d	Stephen b.	Capri.	21	12	g	● Full moone
3	e	8 su. aft. tri.	Aqua.	3	13	a	the 5. day 4. min.
4	f	Iustine pri.	Aquar.	15	14	b	after 1. of the clo.
5	g	Golytes co	Aquar.	27	15	c	in the morning.
6	a	Transfigur.	Pisces	9	16	d	
7	b	Ciriacke	Pisces	22	17	e	
8	c	Roman ma.	Aries	5	18	f	☾ Last quar-
9	d	Tibertmar.	Aries	18	19	g	ter the 12. day
10	e	9. su. aft. tri.	Taur.	1	20	a	about 11. of the
11	f	Feast of Je.	Taur.	15	21	b	clock in the fore-
12	g	Clare virg.	Taur.	29	22	c	noone,
13	a	sol in Virgo	Gem.	14	23	d	
14	b	Eusebius.	Gem.	28	24	e	Barthol. Apost.
15	c	Assu. of M.	Cancer	13	25	f	
16	d	Roch mart.	Cancer	27	26	g	● New moon
17	e	10. su. af. tri.	Leo	12	27	a	the 19. day at 3.
18	f	Agapit ma.	Leo	26	28	b	of the clocke in
19	g	Magnus	Virgo	10	29	c	the morning.
20	a	Lewes bish.	Virgo	24	30	d	
21	b	Barnard	Libra	8	31	e	
22	c	Timothy	Libra	21	1	f	September, 1628.
23	d	Sachae. cast	Scorp.	4	2	g	
24	e	Barthol. A.	Scorp.	16	3	a	
25	f	Lewes kin.	Scorp.	29	4	b	☾ First quar-
26	g	Dog da. end.	Sagit.	11	5	c	ter the 26. day 7.
27	a	Seuerinz	Sagit.	23	6	d	min. after 3. of
28	b	August. bish.	Capri.	5	7	e	the clocke in the
29	c	Decol. of Jo	Capri.	17	8	f	afternoone.
30	d	Felice & Aud.	Cap.	29	9	g	
31	e	12. su. af. tri.	Aquar.	12	10	a	

September hath xxx dayes.

Now maist thou Phisicke safely take,
And bleed and bath for thy healths sake:
Eate Figges and Grapes and spicery,
For to refresh thy members dry.

1	f	Egidius	Aqua.	23	11
2	g	Anthon. ma.	Pisces	7	12
3	a	Gregory	Pisces	19	13
4	b	Tran. of Cu	Aries	2	14
5	c	Hercules	Aries	15	15
6	d	Eugenius	Aries	28	16
7	e	13. lu. aft. tri	Taur.	12	17
8	f	Pat. of M.	Taur.	26	18
9	g	Gorgon ma.	Gem.	10	19
10	a	Proth. & Ja	Gem.	25	20
11	b	Martian	Cancer	9	21
12	c	Marcellus	Cancer	23	22
13	d	Solin Libia	Leo	8	23
14	e	Exal. of C.	Leo	22	24
15	f	Octa. of M.	Virg.	6	25
16	g	Edith virg.	Virg.	20	26
17	a	Ember wee	Libia	3	27
18	b	Victor	Libia	16	28
19	c	January m.	Libia	29	29
20	d	Eustace tall	Scor.	12	30
21	e	Mart. Apo	Scor.	24	1
22	f	Mauritius	Sag.	7	2
23	g	Tecla virg.	Sag.	19	3
24	a	Indoch ma.	Cap.	1	4
25	b	Firman ma.	Cap.	13	5
26	c	Cip. & Just.	Cap.	25	6
27	d	Colm. & Da.	Aqu.	7	7
28	e	16. lu. af. fast	Aqua.	20	8
29	f	Michael	Pisces	2	9
30	g	Hierome pri	Pisces	15	10

● Full moone
the 3. day 42. mi.
after 2. of the
clocke in the af-
ter noone.

● Last quarter
the 10. day 12.
min. after 4. of
the clocke in the
after noone.
Barthelw Apost.

● New moone
the 17. day 40.
min. after one of
the clocke in the
after noone.

October, 1618.

● First quar-
ter the 25. day
48. min. after 9.
of the clocke in
the morning.

October hath xxij. dayes.

This month hot drinckes and meates be good,
To keepe thy health and nourish blood:
Prouide warme cloaths, and goe still dry,
Much danger thou shalt scape thereby.

1	a	Remigius	Pisc.	28	11	d	
2	b	Leodagar	Aries	11	12	e	● Full moone
3	c	Candide m.	Aries	24	13	f	the 3. day 16. mi.
4	d	Frances vi.	Tau.	8	14	g	after 3. of the
5	e	17. su. af. tri.	Tau.	22	15	a	clock in the mo:
6	f	Faith virg.	Gem.	6	16	b	ning.
7	g	Mar. & Ma.	Gem.	21	17	c	
8	a	Pelagie vi.	Can	5	18	d	☾ Luke Euang.
9	b	Terme beg.	Can.	20	19	e	
10	c	Gra. & Wit.	Leo	4	20	f	☾ Last quar-
11	d	Nichasius	Leo	18	21	g	ter the 9. day 11.
12	e	18. su. af. tri.	Vir.	2	22	a	min. after 10. of
13	f	Sol in scorp.	Vir.	16	23	b	the clo. at night.
14	g	Calixt	Lib.	0	24	c	
15	a	Wolfron	Lib.	13	25	d	● New moone
16	b	Nich. of m.	Lib.	25	26	e	the 17. day 15.
17	c	Tra. of Eth	Scor.	8	27	f	min. after 3. of
18	d	Luke Euang.	Scor.	20	28	g	the clocke in the
19	e	19. su. af. tri.	Sag.	2	29	a	morning.
20	f	Austrebert	Sag.	14	30	b	
21	g	11. Martirs	Sag.	26	31	c	
22	a	Mary Sa.	Cap.	8	1	d	☾ November, 1618.
23	b	Maglozie	Cap.	20	2	e	
24	c	Tra. of Jo.	Aqu.	3	3	f	
25	d	Cri. & Cris.	Aqu.	15	4	g	☾ First quar-
26	e	20. su. af. tri.	Aqu.	27	5	a	ter the 25. day
27	f	Floze. rex.	Pisc.	10	6	b	17. min. after. 5.
28	g	Gem. & Jud.	Pisc.	23	7	c	of the clocke in
29	a	Marcillus	Aries	6	8	d	the morning.
30	b	German bl.	Aries	19	9	e	
31	c	Quintin	Tau.	3	10	f	

November hath xxx. dayes.

Now maist thou drinke sweet wines freely,
And vse good mirth and Companie:
Abstaine from wrath and all enuie,
And vse thy brethren charitable.

1	d	All Saints	Tau.	17	11	g	● Full moone
2	e	All soules	Gem.	1	12	g	the 1. day 35. mi.
3	f	Elene fride	Gem.	16	13	h	after 2. of the
4	g	Amantius	Can.	1	14	c	clocke in the af-
5	a	Papiscus	Can.	15	15	d	ter noone.
6	b	Leonard	Leo	0	16	e	
7	c	Wilfrid ar.	Leo	15	17	f	
8	d	4. Crowned	Leo	29	18	g	(Last quar-
9	e	Theodore m	Vir.	13	19	g	ter the 7. day 9.
10	f	Bennet	Vir.	26	20	b	min. after 10. of
11	g	Martin bi.	Lib.	10	21	c	the clo. at night.
12	a	Nolin Sage	Lib.	22	22	d	
13	b	Brice bishop	Sco.	5	23	e	● New moone
14	c	Tra. of Cr.	Sco.	17	24	f	the 15. day 44. m.
15	d	Macute bi.	Sco.	29	25	g	after 7. of the clo.
16	e	13. su. af. tr.	Sag.	11	26	g	at night.
17	f	S. Hugh.	Sag.	23	27	b	
18	g	Octa. of M.	Cap.	5	28	c	
19	a	S. Elizabe.	Cap.	17	29	d	
20	b	Edmond R.	Cap.	28	30	e	Andrew Apost.
21	c	Cycelle vir.	Aqu.	10	1	f	December, 1628.
22	d	Pref. of M.	Aqu.	23	2	g	
23	e	14. su. af. tr.	Pisc.	5	3	a	
24	f	Crisogonm.	Pisc.	18	4	b) First quar-
25	g	Katherin	Aries	0	5	c	ter the 24. day
26	a	Linus bish.	Aries	14	6	d	44. min. before
27	b	Agricola	Aries	27	7	e	one of the clocke
28	c	Terme ends	Tau.	11	8	f	in the morning.
29	d	Satur. fast	Tau.	25	9	g	
30	e	Andrew Ap	Gem.	10	10	a	

December hath xxxj. dayes.

Our Sauour Christ (as some remember)

The five and twentieth of December,

Was borne, and after dyed for sin,

To saue all such as trust in him.

1	f	alled. go out	Gem.	25	11	b	● Full moone
2	g	Libanus m.	Can.	10	12	c	the 1. day 41. mi.
3	a	Dep. of Ol.	Can.	25	13	d	after 1. of the clo.
4	b	Barbara vi.	Leo	10	14	e	in the morning.
5	c	Habba abb.	Leo	24	15	f	● Last quarter
6	d	Nicholas b.	Virgo	5	16	g	the 7. day 51. mi.
7	e	1. su. in adu.	Virgo	23	17	a	after 4. of the clo.
8	f	Con. of Ma.	Libra	6	18	b	in the afternoone.
9	g	Joachim	Libra	19	19	c	● New moone
10	a	Christian	Scorp.	2	20	d	the 15. day 18.
11	b	Damas con.	Scorp.	15	21	e	min. after 2. of
12	c	Sol in Capri	Scorp.	27	22	f	the clocke in the
13	d	Lucie virg.	Sagit.	9	23	g	after noone.
14	e	3. su. in adu.	Sagit.	20	24	a	
15	f	Valerius	Capri.	2	25	b	Christmas,
16	g	Q Sapiaena.	Capri.	14	26	c	S. Stephen.
17	a	Ember wee.	Capri.	25	27	d	John Euangel.
18	b	Gratian bi.	Aqua.	7	28	e	Innocents.
19	c	Venetian b.	Aquar.	19	29	f	
20	d	Julian tal.	Pisces	1	30	g	
21	e	Tho. Apost.	Pisces	13	31	a	
22	f	30. martyrs	Pisces	25	1	b	Januarie 1628.
23	g	Wiroz virg.	Aries	19	2	c	● First quar-
24	a	Claudy tal.	Aries	22	3	d	ter the 23. day
25	b	Christmas.	Can.	6	4	e	15. min. after 5.
26	c	S. Stephen	Can.	19	5	f	of the clocke at
27	d	John Evan.	Gem.	14	6	g	night.
28	e	Innocents	Gem.	18	7	a	
29	f	Tho. Beck.	Cancer	3	8	b	● Full moone
30	g	Dauis	Can.	16	9	c	the 30. day about
31	a	Siluester b.	Leo	3	10	d	high noone.

NEVE. 1628.

A Prognostication, serving
for yeare of our Lord God and
the Saviour Iesus Christ.

Wherein you may obserue, the
grounds of the alteration and condi-
tion of the four quarters of this yeare, &
also the disposition of the Ayer, for each severall
moneth, according to the inclination of the ce-
lestiall bodyes, with the change of the Moone,
and the time of the Eclipse; and other necessarie
observations, Conducing in such a way to

Calculated, and especially referred to the
longitude, and elevation of the Pole Arctick
of the ancient and famous City of
Norwich, and may be usefull in-
fently for all

England.

Collected and published by
John Neve, Gent.

A necessary rule to knowv the beginning
and ending of euery Terme, with their
Returns.

Hillarie Terme beginneth the 23. date of January, and
endeth the 12. of February, and hath foure returnes.

Octabis Hillarij. } Crastino Purifica.
Quind. Hillarij. } Octabis Purifica.

Easter Terme, beginneth the 3. of April, and endeth the
26. of May, hauing fine returnes.

Quind. Paschæ. } Mens paschæ. } Quinque paschæ.
Tres paschæ. } Crast. Ascen.

Trinitie Terme, beginneth the 13. of Iune, and endeth
the 2. of Iuly, and hath 4 returnes.

Crasti. Trinitatis. } Quind. Trinitatis.
Octabis Trinitatis. } Tres Trinitatis.

Michaelmas Terme beginneth the 9. of October,
and ends 28. of November, and hath 3 returnes.

Octabis Michael. } Crast. Animarum.
Quind. Michael. } Crast. Martinj.
Tres Michael. } Octabis Martinj.
Mense Michael. } Quind. Martinj.

Note that the Exchequer openeth eight dayes before
any Terme begins, except Trinity Terme, in which
it openeth but foure dayes before.

On these dayes following, the Judges sit not at
Westminster.

In } Hillarie } Easter } Trinitie } Michael } Terme on } Candlemas } Ascension } Whitsoner } Mid-hollan } days

Cermyne

**Certaine profitable Rules, and briefe
observations concerning husbandrie,**

The best time to sow all kind of corne, is when the
mone goeth her course in Cancer.

The best time to plant and graft, when the Mone
is in a fixed signe, especially in Taurus or Aquarius, and
in the increase of the Mone, which is betwene the
change and the full.

To set & sow all kind of seeds, the mone being well
placed in Aries, Taurus, Cancer, Virgo, Libra, Capricor-
nus, Aquarius, or Pisces.

To sell Timber to build withall, when the mone is to-
wards the last quarter, the being then in Aquarius or
Pisces.

Crop trees & sell wood to burne, that the stocke may
the better and sooner grow againe, when the mone is
in the first quarter.

Remoue and set young trees, in the last quarter of
the mone, in Taurus, or Capricornus, and that in the
months of September, October, November, & Fe-
bruarie.

The best time to geld cattell, the mone being in
Aries, Sagittarius, or Capricornus.

The best time to cut Timber, is in Februarie or
March, the mone increasing, in Taurus, Virgo, or Li-
bra.

The best time to sheare sheepe, is in the increasing
of the mone, & that is from the change to the full.

To cut haye, that it may the sooner grow againe,
the mone increasing Taurus, Virgo, or Libra.

To mucke your land that the herbes may not grow
thereby, is in the decreasing of the mone, that is from
the full to the change.

A Prognostication.

Of the Eclipses, which shall happen this present
year of our Lord God, 1628.

Of the First Eclipse.

Vppon the 10. day of Ianuary being Thursday, 40. min:
after 8. of the clocke at night, will sensibly & visibly
appare in our Horizon an vniuersall Eclipse of the
moone; or totall depriuation of the sunnies light in h^e,
the being at the very instant, diametrally opposite vnder
the sunne, in a signe of the watery tripplicity, naturally
cold and moyst, of complexion flegmaticke, feminine,
nocturnall invariable, soporiferall, the naturall hostile of
the moone wherein she reioyseth most, and wherein also
the fauorable planet Iupiter called Fortuna Maior, doth as-
cend, being therein chellys elevated and exalted gover-
nour and ruler of the breast, the mouth of the stomacke,
the lungs, euen almost to Diaphragma & the midriff.

This Iunary obscuration, will continue from the be-
ginning to the ending, 3. houres and 40. minutes. The
points of degrees Eclipsed, are 20.

It is the nature and properties of the signe being
knowne, & considering that it is a cold & watery signe,
it betokeneth that great abundance of raine is like to
ensue, with many portentious overflowings, by the rage
of waters, whereby many shall be enuamaged, it will
cause much cold, sicke and distemperate weather: it
pertendeth the destruction of much fish & water foules
great enuy, strife, debate, contention, many violent op-
pressions, robberies, & murders, many a sundry illness,
and dangers, vnder them that get their living on the
seas, which shall come to passe by means of tempestu-
ous & immoderate weather. And lastly at this time
of this Eclipse. Of the Second Eclipse.

This Eclipse of the sunne, will be obscured to the sight
of the people, which inhabits in the southermost parts

of Africa, called caput bonæ spei, this aforesaid Eclipse shall happen on the 21. of Iune. 55. minu: after 10. of the clocke in the forenoone, but according to the Gregorian yeare, on the first of Iuly, the lights then being in Cancer, not far from Caput draconis. The points of deg: Eclipsed, 12. & 33. minu: the totall duration, will be 2. houres. 52. minutes.

Of the Third Eclipse.

Vppon the 6. day of Iuly being Sunday, according to our account, but in þ reformed yeare on the 16 of Iuly, will appeare another totall Eclipse of the moone vnto our Antipodes, betwene 10. & 12. of the clocke in þ forenoon, she being then placed in þ last face of the signe Capricornu: & opposite vnto the son nere Cauda draconis, this total obscuration, from the begining to the ending, will be 3. hou. 37. minutes. The points of degrees Eclipsed, are. 12. & 18. minutes.

Of the Fourth Eclipse.

The bright Globe of the Sun shall againe be Eclipsed, by the direct interposition of þ body of the moone betwene him & the earth, on the 25. of December, but according to the beyond sea account on the 25. of þ same Moneth. 28. minu: after 2. of the clocke in þ afternoone, the Luminaries being both at that time conieyned in the signe Capricornus, not far from the tayle of the Dragon. This Accidentall obscuration of þ sunnes, will not so evidently appeare in England, as to people further Inhabiting towards þ South, & West, as France, Spaine, Ireland, the Canarie Ilands, & the uttermost Western parts of Africa. The points of deg: eclipsed are. 3. & 44. minu: The totall duration. 3. houres and 31. minutes.

Of the Fift Eclipse.

There shall vnto our Antipodes, on the 30. day of December,

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December but in the reformed yeare on the 2. day of January about high noone, the moone then being in the second face of the signe Cancer, not far from Caput draconis, in a signe of the watery triplicity, naturally cold & moist, &c. The deg: eclipsed, are 6. and 14. minn: the total continuance, will be 2. hou: & 37. minuts.

Briefe Rules and necessarie observations, concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moone.

When the weather is either extreame hot or cold, it is not then comenient, either to let blood or to purge unlesse some great necessity doe require it: yet notwithstanding, if this blood letting be for the Dyrensie, the Apoplexie, for a continuall head-ach, proceeding of choller or blood, or any hot burning feuer or other extreme paine, a man in such a case may not tarry a chosen time, because the patient might miscarrie in the meane season, but in this aforesayd case of extremity, blood is not to be let in such a quantity as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when the moone is in ♋. or ♊. the head and thighes excepted.

For the Melancholly, the moone being in ♎. or ♏. the buttocks and legges excepted.

For the Chollericke, the Moone being in ♋. in or ♌. the breast and feet excepted.

For the Sanguine, as be good which before is named.

In the spring time, let blood at the right side.

In Harvest time, let blood at the left side.

For Bathing.

Bathings, are commonly used rather for pleasure then for profit, especially where hot houses are commonly haunted: but I mind not to speak of them in this place, other-

otherwise then to aduertise those, that tender their
owne health to be wary and circumspect in resorting
vnto them, without cause, & immediately after 62 With
such persons as be vncleane. Know that it is not good
to bathe, when the moone is in earthly signes, as in 8.
17. 02 19. the reason is, because they are of a cold and dry
nature, & the nature of cold is to restraîne and bind, and
so the humors being in these signes, the pores of the bo-
dy are closed and shut, so that there can be no resoluti-
on of humors & superfluities which by bathing ought
to be auoided.

But in fiery signes, as when the moone is in 11. 12.
02 1. then it is a good time for bathing, for then the bo-
dy is apt to resolution, for it is the nature of heats to
to open and resolue.

It is best bathing 3 02 3 dayes after the change, &
at the full of the moone, for then the superfluities are
ripe and ready to annoy, and disposed to flow and issue
out, which indeed is the end and vse of bathing.

If any will enter into the bath, onely for cleanness
sake, let the moone be in 11. 02 1.

Furthermore, if Bathing be vied for health, let the
party grieued, learne of the wise Physitian, whether
his sickness hath need of moistening 02 drying, for if
it both require moistening, as in Pehis, and suchlike,
then let him Bath in watery signes, hauing good aspect
of 11. and 12. But if the sickness require drying as in
Paralysis and the like, then let him Bathe, the moone
being in fiery signes, hauing good aspects with 3. and
and the Sunne.

Also before you enter into any Bath, your body must
be first purged, for if you goe in vnprepared & vnpur-
ged peradventure you may be worse after then before.

The best time of the yeare to Bathe in, is in the

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Spying, and Haruest, and in the Moneth of May, and September. The best time of the day to goe into the Bath, is one houre after the Sun rising at the least, alwaies provided, that you must walke either an houre or halfe before, and haue a shawle either by nature or Art: you must couer your head well so long as you be in the Bath, and beware that you drinke not cold drinke although you be very thirsty, but forbear all things that be cold, least when you are hot within, and cold strike suddenly into some principall member, and so hurt you.

The time of larrying in the Bath, is commonly one houre, but it may be more or lesse, according to the nature of the Bath, or sicknesse of the party, at the discretion of the wise Physician.

For Purging.

In purg- ing, these 5. things ought to be knowne	{	<ol style="list-style-type: none"> 1 The humors which aboundeth. 2 The best way to auoyd it. 3 The strength of the person. 4 The manner of the sicknesse. 5 The force and nature of the medicine
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For when these things are not considered and obserued, many perillous accidents may follow, and greatly hurt and grieve the body.

Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions or drinbes, in Scorpio. Purge with eleuaries, the moone being in Cancer. Purge with Pills, the moone being in Pisces.

Take prepartures, the Moone being in Gemini, Libra, or Aquarius.

Take vomits the Moone being in Aries, Taurus, or Capricorne.

Take Gargarises, the Moone in Aries, Cancer, or Capricorne.

Take

Take Glitters, the moone in Libra, or Scorpio.
To promote melting, the moone in Cancer, Leo, or Li-
bra.

To stop fluxes, rhumes, and laxes, the moone bring
in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in
Aries, Leo, or Sagittarius.

Good to comfort the vertue digestiue, the moone in
Gemini, Libra, or Aquarius.

Good to comfort the vertue retentive, the moone in
Taurus, Virgo, or Capricornus.

Good to comfort the vertue expulsiue, the moone in
Cancer, Scorpio, or Pisces.

For vsing of Unguents or plaisters, it is best ap-
plied, when the moone is in that signe which gover-
neth the same member or part of the body to which it is
applicable.

For Sweating.

Sweatings as they are of two sorts, that is to say,
naturall and artificiall, so they are vsed for two ends
and purposes: The naturall sweat, if good heed bee
taken in opening of the pores, will dissolve grosse and
thicke humors, will cleanse the blood, will comfort the
spirits, will put away cold, will consume rask hu-
mors, qualifie and quench raging feuers, will helpe
nummelle, and the dropisie.

The artificiall sweat, will cleanse scabs, put away
itch, amend dunnelle in the heating, ease & stone, resolue
congealed and cold Melancholy blood and humors, &c.

But for the better performing, and effectuall wo-
king in these causes, the course of the learned Physiti-
on is to be desired and vsed.

The best & most tell signes to sweat in, are V. S. and
Sagittarius, and that 2 or 3 dayes after the change and
at

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at the full mone.

And note that Sweatings, is better to be done in the evening then in the morning, for when the body hath nourishment within, the spirits shall not be drawn utterly forth to the extreame parts. Note further, that leane and dry folkes or feeble persons, must sweat little, for it will hurt them much, but fatte folkes may sweat well, and it will helpe them much.

A brieve description of the Foure Quarters of this yeare of our Lord God, 1628.

Winter, (which is the chiefest capitall foe for the Spring, the disgrace of Summer, and the denouer of the fruitfull Harvest) began to take his effects, according to our vsuall computation, the 12. day of December in the yeare afoze going, at the first entrance of the Sun into the first minute of the signe ♋, at which time the sun shall be at his greatest South declination from the Equinoctiall lyne, so that he riseth south-east, and setteth South-west. Now is the Hiemall or winter Solstice, for the Sun is so farre remoued from our Zenith or verticall poynt, that he cannot decline any further, and stands at a stop or stay, and then is the shorrest day and longest night in all the yeare, and so this quarter doth continue vntill the 11. of March next following. This season is by nature cold and moist vnplesant for the most part to travellers either by Land or Sea. and vnto aged persons, it is very combous & noysome, causing superfluitie of rasonesse, & abundance of cold moistnesse to overflow their bodies, to their great troubles and disquietnesse.

The diseases or sicknesses, are likely to be such as vsuall attend this quarter, as Palfies, Dropsies, Coughs, vnconstant fevers, Peties, Heartnesse, Cramps, the Cough, Sciatica, with other such like infirmities, answerable

insufferable to the condition of the season.

Thus will the starres, if God assent,
Whose power alone, can all preuent.

Of the Spring.

The Sun (which is the eye of the world, the fountaine of light, and the chiefe moderatoz of all the rest of the lights) hath like a Spent runne his race and finished his reuolution (Gradatim) thzoughout the twelue signes, and now beginneth his iourney afresh againe, and goeth an even course, and so becomes an indifferent Arbitr, betwene the day and night, and maketh an equality thzoughout his whole gouernement, to the great ioy and comfort of all his reuiued Subiects, clearing with his splendent countenance the pooze afflicted weather. wzrne wzdes of this our darke starre of mortality (which the darkened countenance of winter's extremity had almost subdude) with his excellent presence, wherent the earth begins to smile, and to put on her new apparell, & flourishing linery of fresh Flora.

This season is by nature hot & moyst, the most temperate time of all the yeare, and the least breeder of sicknesses that both procure death, and a very convenient time for the removing of sicknesses and griefes gotten before, and also to auoid and preuent those that are to come: For now the dull senses and spirits of man & other creatures, are quickned & reuiued, and therfore the humors which doe abound, and are readiest to re- presse nature, are fit to be emptied and auoyded, whether by blindeletting, purging, oz otherwise, as the learned Physicion shall aduise, and as the cause of the disease shall require, such therfore as be diseased, let them not neglect this time.

Sundry infirmities and diseases are threatned this winter, as paines in the eyes & head, small poxe, yel-

low

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loſe jaundies, tetterſ, itchingſ, puſhes, tertian fevers,
with many other diſeaſes, which & Lord keep vs from.
Infections from the Starres may fall,
But one about doth ſtay them all.

Of Summer.

Summer the third part of our vulgar yeare according
to our vſuall computation, now when the Sun hath
fully determined the Spring time with his laſt grade
of Gemini: hath moued in his motion to his highest point
of his courſe, namely to the firſt degree of Can.
which ſhall be this yeare on the 12 of Iune. Now is the
ſecond Solſtice of the yeare called the eſtuali or ſum-
mer Solſtice, for even as the Sun when he entreteth
into Capri: hath his greateſt South declination, from
the Equinoctiall line, ſo now at his ingreſſe into the
beginning of Cancer, he hath his greateſt declination
towards the North from the ſayd Equinoctiall line,
& even then, as at the time of winter Solſtice, he was
ſo farre remoued from our verticall point, that he could
not move no farther towards the South, and was
therefore to approach againe towards our North La-
titude, at which time he ſeemeth to ſtand: ſo now being
come ſo neere our Zenith, that he cannot move no far-
ther towards the North, and is therefore to reuert
againe towards the South Latitude. At the firſt going
from vs hee ſeemeth alſo to ſtand, inſomuch that even
as before at his returne towards vs againe hee made
with vs the ſhortest day and longest night in the yeare,
ſo now at his returne from vs he maketh ſuch vs con-
trary wiſe, the longest day & ſhortest night in & yeare:
And after wards declining more and more from vs, like
as before he moued more towards vs.

This ſeaſon according to his proper nature is hot
& dry, turning the humors of mens bodies, from cold

and moisture, into hotnesse and drynesse, resembling the element of fire, a complexion of choller, bringing all fruits to their ripenesse, cattle to their fatnesse, and men to their wealth.

Griefes and diseases incident vnto this quarter, are burning feuers, phrenesies, pluries, pimples in the face, and such other distemperatures of the heat of blood and choller, which may cause many diseases.

Though Starres incline to worke vs ill,
All shall be as the maker will.

Of the last Quarter called *Autumne*.

Autumne, according to our accustomed computation on the last quarter of this yeare, beginneth at the Sunns departure from the last scruple of Virgo, into the first degree of the second Equinoctiall signe Libra, the which will be this yeare on the 23 of September, the day & night being of an equall length as in the spring: At which time is that Autummall equinoctiall, for euen as the Sunns entrance into ♋ the day by increasing from the winter Solstice till then came to be equall with the night, going still more & more till the Summer Solstice, when was the longest day and shortest night. So likewise the night by increasing from the vernall solstice in the Springes ingression into ♈ hath got to be equall with the day, and shall increase more and more, till the brumall Solstice come againe, when the night is longest and the day shortest. This time of the yeare, is of it selfe vnconstant and variable; warme in the day time, and cold in the night.

This quarter because of the inequality of temperatures, may as Hippocrates sayth, be called the most pernicious of deadly sicknesses. And Galen saith, that this time of the yeare is very dangerous for taking

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taking of sicknesses.

The infirmities of this season, are supposed to be quartane agues, crabbities & rawnesse of the stomacke, oppulations of the spleene, darkenesse in the sight, the vertigo, hemeroid, falling sicknesse, blacke jaundies, with many other melancholly diseases. The Lord turn all evils from vs. Amen.

Thus euery Planet in his kinde,
Is to performe the Almightyes minde.

A declaration of the inclination of the weather and winds, according to the diuers motions & influences of the erraticall & fixed starres: with the day, houre, & minute of the change of the moone, her full, & quarters: & also of the rising & setting of the Sun, in euery 7 day of euery moneth of this yeare.

Of Ianuarie.

Day	The Sun riseth.	The Sunne setteth.
1	hou 8 and 3 min.	hou 3 and 57 min.
7	hou 7 and 56 min.	hou 4 and 4 min.
14	hou 7 and 46 min.	hou 4 and 14 min.
21	hou 7 and 34 min.	hou 4 and 26 min.
28	hou 7 and 23 min.	hou 4 and 37 min.

First quarter the 4 day 26. min: after 9. of the clocke in the morning, frosty and cold.

Full moone the 10. day 40. min: after 8. of the clocke at night, some snow or raine.

Last quarterter the 18. day 45. min: after 5. of the clocke in the morning, inclined to moisture.

New the 26. day 16. min: after 8. of the clocke in the morning, sitting the season.

Ianua.

Neue. 1628.

Ianuarie Abstract.

In this moneth let not blood, neyther vse but little Physicke, except great necessity constraines thee, and beware of taking cold, for in this moneth Rheumes & flegme doe much increase: to fast long is hurtfull, but to drinke white wine fasting is good and wholesome: his meates that are naturally hot moderately, and weare warme clothes.

In worldly business, this moneth you may set all kind of cōmon fruit trees, or plants, as Peare, Plum, Cherrie, Filbeard, Walnut, & such like, Hawthorne, and all sorts of quicksets; trees or plants, are fittest to be generally set from the change to the first quarter,

Take away Moss and superfluous branches from your trees, and this moneth is good to set Beanes, pease, parsnips, Radish, lettes, garlick, turneps, and onions: if the weather be milde, and the moone past her full, you may begin to graft at the end of this moneth, so as the moone be increasing in her light.

Good husbands also this moneth, crop their trees, fell timber, and geld cattell, such as may be gelded, the state of the Moone alwaies considered.

Of Februarie.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7. and 13. min.	hou. 4. & 47 min.
7	hou. 7. and 4. min.	hou. 4. & 56 min.
14	hou. 6. and 50. min.	hou. 5 & 10. min.
21	hou. 6. and 34. min.	hou. 5 & 16. min.
28	hou. 6. and 22. min.	hou. 5 & 28. min.

First quarter the 1. day at 2 of the clocke in the afternoon, cloudy and windy.

full

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Full Moone the 9. day 55. min: after 8. in the morning, apt for the time.

Last quarter the 17. day 11. min: after 1 in the morning, some fall of moisture.

New Moone the 24. day 16. min: after 10. at night, winterly weather.

Febraries Abstract.

In this moneth, all stinkie fish, milke of Rie, and such like, that doe oppilate or stop the Linner and vaines or thicken the blood, are to be eschewed as enemies to health: also yet forbear physicks & letting blood, except great necessity doe vige it & learned counsell doe advise you: beware of taking cold, for now Agues are apt to be taken, and it is very ill to take heates, and afterwards suddaine cold upon them.

Now is the most apt time to graft, to plant, and to set all kind of trees and bushes, the wind and weather, and the age of the moone abovehand considered: Pease, Beans, Vassings, Onions, Parsnips, and such like as in January, may very fitly be set in the wane of the Moone.

The time is now to trim by Gardens, to set and sow all kind of Kitchen heards, to set slips, sow kernels, mustersed, oates, set hops, vines, cut and prune them, sticke by your roundfall pease, and Vassings.

Of March.

Day	The Sun riseth.	The Sunn setteth.
1	houres 6 and 30 min.	houres 5 and 40 min.
7	houres 6 and 8 min.	houres 5 and 32 min.
14	houres 5 and 54 min.	houres 5 and 4 min.
21	houres 5 and 40 min.	houres 6 and 20 min.
28	(houres 5 and 26 min.)	houres 6 and 34 min.

Neue. 1622.

First quarter the 1 day 48. minn: after 8. at night,
windy and vnconstant.

Full moon the 9. day 20. minn: after 10. at night
fitting for the season.

Last quarter the 17. day 56. minn: after 9. at night,
stormie and vnconstant.

New moon the 25. day 44. minn: after 10. in the
forenoone, temperate and seasonable.

Marches Abstract.

In this moneth the humors of mans body doe be-
gin to increase: and now grosse feeding breedeth grosse
blood and humors, and therefore use meates of good di-
gestion, and such as breed good iuyce: it is a good tyme
to purge and clarifie the blood by potions, bathings, &
blood letting, or such other waies as the learned phy-
sician shall appoint, and as the cause of the disease shall re-
quire. Now also sweete meates and drinckes are com-
mendable. The tyme of grafting as yet endureth, toge-
ther with setting, sowing, prizing, and plashing of
beech, hogs, willowes, ashes, field-pease, onions par-
snips and such like. &c. Of April.

Day	The Sun riseth.	The Sunne setteth
1	hou 5 and 18 min.	hou 6 and 42 min.
7	hou 5 and 6 min.	hou 6 and 54 min.
14	hou 5 and 54 min.	hou 7 and 6 min.
21	hou 4 and 39 min.	hou 7 and 21 min.
28	hou 4 and 29 min.	hou 7 and 31 min.

First quarter the 1 day 4. min: after 3 in the morning,
some Aprill showes.

Full Moon the 8. day 40. min: after high noone, an-
swerable for the season.

Last quarter the 16. day 51. min: after 3. in the after-
noone, pleasant weather.

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New Moone the 23. day about 8. of the clocke at night,
apt for the time.

First quarter the 30. day 19. min: after 10. in the fore-
none, faire weather. **Aprils Abstract.**

In this moneth of **April** the pores of mans body are
opened & apt to receiue physicke: & they that refuse the
same, I commit them to the benefit of nature, for of all
times of the yeare, this is the best time to prevent causes
of sicknesses, or for speedy remedy in extremities: for
now nature both renew strength through all the body,
so where sickness hapneth, she sone vnburdeneth by
means of physick: wherfoze what it cannot do now, here-
after it will hardly be done, therfoze take time whilst
time is, &c. As yet you may graft and proue vines, &
also set melons, cownumbers, citrons, hartichokes, and
pots by hops, sowe barly, Tanners apply themselves to
barking of trees, &c. **Of May.**

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minuts
7	houres 4 and 13 min:	houres 7 and 45 minuts.
14	houres 4 and 5 min:	houres 7 and 55 minuts.
21	houres 5 and 56 min:	houres 8 and 4 minuts.
28	houres 5 and 50 min:	houres 8 and 10 minuts.

Full moone the 8 day about 4 in the morning, faire and
pleasant.

Last quarter the 16. day 57. min: after 6. in the morning,
some ouercasting clouds.

New moone the 23. day 47 min: after 3 in the morning,
apt for the time.

First quarter the 29. day 44. min: after 7 at night, some
fall of moisture. **Mayes Abstract.**

In this moneth rise early, for May doth not loue any
suggards, & let such as be able, walke into the fields &
to eate and drinke betimes is good and wholesome, to
saue from all meates as be of hot nature, & such as be
sicke,

sicke, it is a very good time to be let blood, or take physike. Such as be whole God keepe them so, and such as be sicke, God send them good physicians & physike.

The time is now sitting to sow Basil, marierom & such fine seeds as before might not be sowne because of the coldness of the weather, set sage according to the proportion, set sage in may and it will last alway, sow flaxe and hemp, set hartichoks, weed your hays and gardens so to your grafts that no superfluous branches hinder them: may dew, rosemary flowers, and beane flowers, may at your pleasure be distilled this moneth, and now have a care of watching your bees also Of Iune.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
7	houres 3 and 46 minuts	houres 8 and 14 minuts
14	houres 3 and 47 minuts	houres 8 and 13 minuts
21	houres 3 and 49 minuts	houres 8 and 11 minuts
28	houres 3 and 52 minuts	houres 8 and 8 minuts

full Moone the 16. day 27. min: after 7 at night, faire and pleasant.

Last quarter the 14. day 57. min: after 6 in the afternoon, stormie and vnconstant.

New Moone the 21. day 55. min: after 10. in the forenoon, inclined to raine.

first quarter the 28. day 38. min: after 7 in the morning, sitting the season. Iunes Abstrax.

In this moneth if thou must needs vse physike, take it in the morning early, that it may haue wrought before the heat of the day, and vse a light and thin diet, for the stomacke is not so able to digest, as in winter or other of the former moneths, it is very good and couenient for some to drink clarified whey boyled with cold herbs and abstaine from violent exercise: distilling of roses, making of sirrops, & conserues are now in prime, now gather such herbs as you meane to keep al the yeare, but be

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be sure you dry them in $\frac{1}{2}$ shade. Good husbands & hus-
wives are now weeding their coynes & gardens, and
ther shearing their sheep, & time serves to set colenmary,
& gilliflowers, take heed of cutting hedges, tree, or heare
with knife, but rather gather them with your fingers,
now you may set saffron, carry out compost, make hay,
re gardeners of shallo, ants, pissmiers. Of Iuly.

Day	The Sunne riseth.	The Sunne settoeth.
1	houres 3 and 54 minu.	houres 8 and 6 minutes.
7	houres 3 and 59 minu.	houres 8 and 1 minutes.
14	houres 4 and 7 minu.	houres 7 and 53 minu.
21	houres 4 and 26 minu.	houres 7 and 40 minutes.
28	houres 4 and 30 minu.	houres 7 and 30 minutes.

Full Moone the 6 day 36. min: after 10. in $\frac{1}{2}$ fortune,
reasonable temperate.

Last quarter the 14. day 8. min: after 4. in the morning,
apt for the time.

New Moone the 20. day 20. after 6. at night, sayre
weather.

First quarter the 27. day 13. min: after 10. at night, in-
clined to raine. Iulies Abstract.

In this moneth vse cold hearbs, and cold meates, ad-
dren frō physick, & now $\frac{1}{2}$ Waters are moze wholesome
then the Baths, let the sun be vp before you walke a-
broad. In the time of any Plague or Pestilence keepe
your chamber window shut, opening it when the sun
hath force of shining, & be sure to perfume your cham-
bers every evening with Tar put on a Chafinodish of
coales, then which nothing is better, and let them vse
Cardus Benedictus boiled and drinke fasting.

Hay harvest, now calleth slacke husbands to worke,
and such as haue leysure, it is good to sallowe for wheat,
and to carry out soile, and to gather seeds and flowers,
to keepe all the yeare, and to dry them in the shade, till
they be almost dry, and then set them a while in the sun,
and

Neue. 1623.

end in like manner may you vse your hearbs.

Of August.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minuts	houres 7 and 24 minuts
7	houres 4 and 48 minuts	houres 7 and 12 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 12 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

Full Moone the 5 day 4. min: after 1 in the morning, inclined to showers.

Last quarter the 12 day about 11. in the forenoone, apt for the time.

New Moone the 19. day about 3 in the morning, seasonable and temperate.

First quarter the 26. day 7 min: after 3 in the afternoone, inclined to raine.

Augusts Abstract.

In August, moderate diet is good physicke, for now it is very dangerous to sit, & take good heed of heats & then of colds, for nothing sooner ingendzeth pluresies And vse not to sleepe much, & especially after noone, for making oppilations, and stopping of Agues, and the head-ach, and catarrhes. And let a man abstayne from physicke except great necessity do compell. Now Lady Ceres, lookes to haue men enough to attend her. They that would haue good seedes for their Garden the next yeare, must now gather of their owne, least in buying abroad they lose their money & labour. Such as desire lettuce or other hearbs for winter, may sow seedes in the increase of the moone. Of September.

Day	The Sunne riseth.	The Sun. setteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 34 minuts

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Full Moone the 3 day 24. min: after 2 in the afternoon,
Some ouercasting clouds.

Last quarter the 10 day 12. min: after 4 in the after-
noone, sitting the season.

New Moone the 17. day 40 min: after 1 in the after-
noone, Rorrie and Windy.

First quarter the 25 day 48. min: after 9 in the fore-
noone, Windy and cloudy. Septembers Abstract.

In this Moneth, such as haue need may safely take
physicke, and also may bath and bleed, in this month all
things are in their proper vertue, and such fruits as are
ripe and not infected, are good to eat for such as haue
good stomaches.

This time is good to make conserue of Barberies,
and Quinces, winter hearbs must be now sowne, like-
wise is the time to set hartichokes, rose trees, apples,
peares, wardens, strawberries, violets, gilliflowers,
Apples are to be gathered at the full of the moone, sow
parsnips, and in dry weather gather your hoppes: good
husbandry is sowing Rye, and Wheat, and good hus-
wauerie is making of berinnye, and plucking of Hemp.

Of October.

Day	The Sunne riseth.	The Sunne seteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 26 minuts	houres 4 and 34 minuts

Full moone the 3 day 16. min: after 3 in the morning,
Windy and vnconstant.

Last quarter the 9 day 21. min: after 10. at night, Windy
and wet weather.

New Moone the 17. day 15. min: after 3 in the morn-
ing, inclined to moisture,

First quarter the 25 day 17 min: after 5 in the morning,
apt for the time. October

Neue. 1628.

Octobers Abstract.

In this moneth thou maiest take physick, & also bath
 floccation serue, vse hot meates, and dzinkes, any
 god wholesome wines to nourish good blood. And be
 ware of taking cold, because the quartane Ague will be
 apt to be taken, & such other dangerous diseases. Re-
 moue young trees, as apples, peares, quinces, roses &c.
 Get pease, parsnips, &c. Good husbands neede not be
 hasted to sowiug of wheate; let Putts, Acornes, and
 fiberds, and to doing of such good husbandry.

Of Nouember.

Day	The Sunne riseth.	The Sunne riseth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 minuts	houres 3 and 51 minuts

Full Moone the 1 day 55. min: after 2 in the afternoon,
 inclined to moisture.

Last quarter the 7 day 9 min: after 10 at night, apt for
 the season.

New Moone the 15 day 44 min: after 7 at night, some
 fall of moisture.

First quarter the 24 day 44. min: before 1 in the mor-
 ning, inclined to u. opsture.

Nouembers Abstract.

In Nouember finish the phisicke that ye meane to
 take, & so rest till March, except some great necessity
 doe constrayne you, vse god meates & wholesome wine
 to nourish the blood, provide thee warme cloathing, goe
 dy on thy feet, or else make sure account of Rheume
 and pale, belibys some other inconuenience that will
 ensue, Beware of the hot-house this moneth, and vse
 Betony and Cinamon in dzinke.

In the new moone you may remoue pong trees, as in
 the

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the last moneth, and set crab-tree stocks to graft upon when you please. It is a good time in the wane of the moone to set pease, beanes, and if the weather be not too hard, it is good sowing of Parsenips, good making of mault, and killing of Bees and swine.

Of December.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 12 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 13 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minuts

Full moone the 1. day 42. min: after 1 in the morning, windy and vnconstant.

Last quarter the 7. day 51. min: after 4. in the after noone, windy and cold

Next moone the 15. day 28. min: after 2 in the after-ternoone, winterly weather.

First quarter the 23. day 15. min: after 5. at night, sitting the season.

Full moone the 30 day about high noone, inclined to windy and stormy weather

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, & eat such meates as be of a hot quality, abstayne from Ppycke, and let thy kitchen be thy Apothecary: warme cloathing thy Purse, merry company thy keepers: and good hospitality thy exercise.

Remoue Trees & Bushes as aforesaid in Nouember, if the weather proue not too extreame. In the wane of the Moone, let Beanes, Pease, & those herbs that cannot indure the cold, couer them with straw or other provision, from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.